



ELEVENTH ANNUAL WOMEN'S HEALTH RESEARCH SYMPOSIUM

Friday March 6, 2026

In-person (Robert H. Lee Alumni Centre, University of British Columbia) + Virtual Symposium

From Science to Solutions: Building Bridges from Discovery Science to Women's Health

TIME	TOPIC	PRESENTERS
0800 - 0829	Welcome and Opening Remarks Acknowledgment of Ancestral and Traditional Lands Welcome on behalf of the UBC Faculty of Medicine The urgent need for discovery science focused on women's health	WHRI Executive Director Elder Sheila Nyman Sharmila Anandasabapathy Elizabeth Rideout
0830 - 0909	Keynote Presentation	
0830 - 0859	<i>The use of biomarkers to improve the diagnosis of brain injury in survivors of intimate partner violence</i>	Cheryl Wellington
0900 - 0909	Q & A	
0910 - 0939	Coffee Break + Networking Opportunity	
0940 - 1009	Rapid-Fire Research Presentations	
0940 - 0947	<i>Does exercise mitigate the effects of advanced maternal age on pregnancy outcomes in a mouse model?</i>	Julian Christians
0948 - 0955	<i>Defining the impacts of preventing insulin excess in a mouse model of polycystic ovary syndrome (PCOS)</i>	Nicole Templeman
0956 - 1003	<i>Pathophysiology and blood biomarkers of brain injury in intimate partner violence: Insights from a new rat model</i>	Brian Christie
1004 - 1009	Q & A	All session speakers
1010 - 1044	Poster Session	
1045 - 1114	Spotlight Talk on Emerging Women's Health Issue	
1045 - 1104	<i>Vaginal formulations: Research gaps and priorities</i>	Ariane van der Straten
1105 - 1114	Q & A	
1115 - 1144	Coffee Break + Networking Opportunity	
1145 - 1214	Panel Discussion	
1145 - 1205	<i>Exploring sex differences in discovery science: A path into women's health research</i>	Moderator: Elizabeth Rideout Panelists: Peter Zandstra Lisa Osborne Jessica Rosin
1205 - 1214	Q+A & Group Discussion	All session speakers
1215 - 1221	Awards Presentation	WHRI Executive Director and Paul Yong

1222 - 1224	Presentation by the BC Women's Health Foundation	Cally Wesson
1225 - 1229	Closing Remarks	WHRI Executive Director Elder Sheila Nyman
1230 - 1329	WHRI 20th Anniversary Celebration + Panel Discussion + Lunch	
1330 – 1414	Trainee-Focused Session One Minute Thesis (1MT) presentations by trainees in the discovery sciences	Moderator: Paul Yong
1415 - 1545	Mentorship and Networking Workshop for Trainees:	Moderator: Paul Yong