

BC WOMEN'S HOSPITAL RESEARCH ROUNDS

SPEAKER

Dr. Roxana Geoffrion



DATE

February 19, 2020
8:00 - 9:00 AM

LOCATION

Virtual rounds

The BC Women's Research Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada"



www.whri.org

TITLE

Mind over Scalpel:

The Optimization of Mental Health
prior to Surgery

LEARNING OBJECTIVES

1. to review the biopsychosocial model of health and disease in surgery
2. to explore sex-specific coping mechanisms and pain around the time of surgery
3. to enumerate associations of pre-surgical depression/anxiety and surgical outcomes